

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Elmar Lamont

Has successfully participated & completed the

29km Namaqua Quest Trail Run 2018 - Day 2

held at Namaqua.

**TIME** 05:33:23

**PACE** 11:28/km

OVERALL 34 of 42

**GENDER** 16 of 22

50 - 59 4 of 7

24 August 2018, Fri

Date

